



KTX 10K winner

Bryant Shakespear was the overall winner and new record holder for the KTX 10K race this past Saturday. Over 70 local residents enjoyed a 5K, 10K, or half-marathon run over the great Kanab trails. Photo by Matt Brown.

KTX Race results

Women's Half-Marathon		
1	2.34.19	Jill Williams
2	3.06.14	Betty Chamberlain
Men's Half-Marathon		
1	2.34.19	Steve Williams
2	2.57.01	Spencer Harmon
3	3.10.08	Vince Vincent
4	3.20.47	Alan Beebe
5	Sweeper	Daniel Alberts
Women's 10K		
1	0.54.48	Amanda Fillmore
2	0.57.21	Michelle Cluff
3	1.03.12	MaryAnn Shakespear
4	1.03.53*	Tia Mutchie
5	1.08.51	Colette Jourdain
Men's 10K		
1	0.48.15**	Bryant Shakespear
2	0.55.12	Doyle Ray
3	0.58.46	Tim Clarke
4	1.39.44	Bob Irwin
Women's 5K		
1	0.31.55	Andrea McDonald
2	0.32.23	Whitney Spencer
3	0.32.37	Samantha LeFevre
4	0.33.49	Robin Coleman
5	0.34.05	Natali Button
Men's 5K		
1	0.22.32	Derek Jenson
2	0.22.59	Levi LeFevre
3	0.25.09	Robert Lacey
4	0.25.14	Sheldon Willardson
5	0.27.56	Devin Nahler



It wasn't just running and walking ... there was also climbing and crawling. Photo by Matt Brown.



Roberto recovers and recharges. Photo by Matt Brown.

G2G

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have missed them, the other volunteers, and Kanab. I live with pain every day due to having broken my back in a car accident at 16. This is no reason not to be active and keep physically fit. I do yoga, and help other people who are in pain to work through it.

Mike McTeer moved to Kanab three years ago with his wife Tana. She had talked him into coming to Utah for a hiking trip. Even before they returned to California, they had bought a house in Kanab. They now live and run their business from here. Mike was doing video/photography for the 2012 race and became inspired. He signed up with his twin brother to run next year to celebrate their 50th birthday.

Stephano Gregoretti and Davide Ugolini of Italy, last year's beloved contestants who placed second and third, returned as volunteers to help mark the trail, work in the camp crew, give advice, and simply enjoy the area again. Gregoretti says that for passion, you cannot be paid. The two of them won the 100-mile Yukon Arctic trek earlier this year, running in -30 degree weather, pulling their packs behind them on a sled, and finishing in just over 25 hours. For next year's G2G, he and Ugolini will bring their girlfriends, come two weeks early and enjoy the outdoors, then race. They are passionate about Kanab, its beauty, the care we take of our environment, and the friendly people here.

Colin and Tess Geddes,

the founders and event directors of the Grand to Grand Ultra, are pleased with the outcome of the 2013 race. "We doubled the participant numbers from 2012 and since opening the registration for 2014 less than three months ago, we are well on the way to increasing the total numbers yet again for next year. We absolutely love the town of Kanab and the surrounding area. We always get a great welcome. We want to create the best self-supported stage footrace on the planet and believe that we are well on the way to achieving that."



Tom Barton (c) becomes a Certified Loss Control Professional. Barton is congratulated by Garkane General Manager Carl Albrecht (l) and LaDon Torgerson (President of the Board).

Garkane Energy Co-op Technician Barton prepares for the future

Garkane Energy employee Tom Barton has completed an intensive program in electric utility safety and loss control. The Loss Control Internship is a series of workshops offered by the National Rural Electric Cooperative Association in conjunction with the National Utility Training & Safety Education Association. The program is designed to instruct participants in many areas related to electric utility industry safety.

According to the Occupational Safety and Health Administration, 4.2 million injuries occur annually in the workplace. One of the goals of a Certified Loss Control Professional is to help ensure a safe work environment for utility workers and the public in general. Avoiding workplace accidents avoids down time and can ultimately lead to lower utility rates.

Tom Barton is one of only a few electric utility professionals in the country who will receive this certification this year. The program requires participants to complete a rigorous series of seminars and tests, a 30-hour OSHA course, and a detailed final course project.

Loss Control participants go through four, six-day sessions that are designed to challenge and educate participants in new, innovative safety techniques. Participants must also maintain their certificate by attending courses every year in order to stay on top of changes in the industry.

Tom Barton has been with Garkane Energy for 23 years. He attended Northern Arizona University where he graduated with a Bachelor of Science in Speech Communication.

**Kanab Open Mic – Spurs Grill
Saturday, October 5 – 7 PM**

Vote Robert D Houston for Mayor

Robert D Houston

Experienced Leadership

- ★ **Graduate:** Southern Utah University
- ★ Major Accounting; Minor Business Administration
- ★ **Business Owner 38 years:** Houston's Trail's End Restaurant & Mobile Catering
- ★ **Past Civic Service:** Kane County Commissioner, Kane County Planning Commission, Kanab City Power Board Chairman, Director Western Legends Round-Up, So. Central Communications Board Member, Kane County Travel Council Board Member
- ★ **Family:** Wife: DayLean, Kids: Mickey, Tyler, Jeremy, Jaime, 18 Grandkids, Father & Mother: Bob & Emma Houston, Brother: Joe D. Houston; Sister: Shirley Smith

- ★ **Robert Will Work:**
- ★ For responsible and responsive city government
- ★ To protect our clean and rural environment
- ★ To represent ALL the citizens of Kanab
- ★ For non-partisan city government
- ★ To attract new businesses and jobs
- ★ For sound city financial management
- ★ For city, county, and education partnerships that will benefit everyone

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